
480 LONGITUDINAL RUMBLE STRIPS

480.1 INTRODUCTION AND GENERAL CONSIDERATIONS

The purpose of this policy is to define when and where longitudinal rumble strips may be applied on the state highway system. This policy should be applied in conjunction with ADOT Intermodal Transportation Division policy MGT 02-1, "Bicycle Policy".

The purpose of longitudinal rumble strips is to reduce run-off-road (ROR) and crossover crashes due to driver inattention and/or overcorrection. Rumble strips are intended to alert drivers by creating an audible (noise) and tactile (rumble or vibratory) warning sensation that their vehicle is leaving the traveled way (traffic lane) or entering an opposing lane and that a steering correction is required. Before and after crash studies have indicated that run-off-road, head-on, or sideswipe type crashes may be reduced significantly by the use of longitudinal rumble strips.

Longitudinal ground-in rumble strips may be applied to the mainline roadway on projects per the recommendations and requirements of this document.

Generally, longitudinal rumble strips should not be applied on roadways within developed and urban areas. In suburban and developing areas, the design team should decide whether rumble strips are appropriate. These types of rumble strips can produce noise that may be objectionable to nearby residents. The use of longitudinal rumble strips in urban areas should only be considered if there are no other reasonable alternatives and/or it is to mitigate a specific area. In rural areas, rumble strips (shoulder or centerline) should generally not be installed within 2000 feet (0.4 miles) of an inhabited residential structure.

Longitudinal rumble strips may be constructed through a number of different techniques and patterns (e.g. formed rumble strip, raised pavement markers such as ceramic buttons, or profile pavement markings). This policy is not intended to restrict or prohibit the use of any of these other alternatives. If an alternative technique is shown to offer an advantage over the ground-in rumble strip, then its use may be considered. Raised treatments may not be suitable for locations subject to snow plow activity, or in other areas subject to frequent use of blade-on-pavement activities such as debris or rock clearance.

Ground-in rumble strip can be installed in portland cement concrete pavement (PCCP) or asphaltic concrete pavement (ACP). Installing ground-in rumble strip in PCCP may require a different operation and payment structure. Ground-in rumble strip should not be installed on bridge decks, approach slabs, or concrete weigh-in-motion slabs.

The composition of the new pavement or the thickness, condition, and type of existing pavement should be determined prior to the application of ground-in rumble strip. The installation of ground-in rumble strip on pavement that is of a thickness, condition, or type (e.g. AC over PCCP) that may not support long-term durability of rumble strips or may be damaged by rumble strip installation should be evaluated to ensure that the installation of the rumble strip will be possible without adversely impacting the pavement or the performance of the strip. Consultation with ADOT Pavement Design staff should be considered before installing ground-in rumble strips on existing pavement.

This policy or the rumble strip standard drawings do not account for all possible applications (e.g. rural gore areas). Therefore, it may be necessary for the designer to develop special application plans or details for the application of ground-in or alternative longitudinal rumble strip treatments. **All such plans and details shall be submitted to the Traffic Engineering Group for review and approval prior to their use on a project.**

Details for rumble strip configuration and placement shall be shown on the project plans. Typically the details will be included in conjunction with project pavement marking plans. **In addition, the limits of the various types of rumble strip patterns and offsets shall be indicated on the plans.**

480.2 SHOULDER RUMBLE STRIPS

The following table should be used as a guideline in determining the groove width of the rumble strips to be installed on roadway shoulders:

<u>Type of Roadway</u>	<u>Right Shoulder Width</u>	<u>Groove Width (right shoulder)</u>	<u>Groove Width (left shoulder)</u>
Undivided	less than 5' 6"	6"*	N/A
Undivided	greater than or equal to 5' 6"	8"	N/A
Divided	less than 6'	8"	8"
Divided	greater than or equal to 6'	12"	12"

* typically placed under the edge line in accordance with Standard Drawing M-22.

On undivided two lane highways in rural areas with paved shoulders with an effective clear width of five (5) feet and greater, longitudinal rumble strips should be applied. The use of longitudinal rumble strips on shoulders less than five (5) feet in effective width may be considered on a case by case basis when supported by a written traffic evaluation.

On divided highways, longitudinal rumble strips should be applied on the right (outside) shoulders with a width of six (6) feet or greater and on left (median) shoulders which have a width of two (2) feet or greater. The use of longitudinal rumble strips on divided highways with narrower shoulders than those noted may be considered on a case by case basis when supported by a written traffic evaluation.

The use of rumble strips may be considered on shoulders with a width of one (1) foot or less if constructibility permits, since a shoulder of such width may not be usable by bicycle traffic.

The use of longitudinal rumble strips on all roadway shoulders with an effective clear width of less than six (6) feet wide with sections of guardrail, barrier, or other features or obstructions shall be evaluated. The effective clear width of the shoulder in these areas if a longitudinal rumble strip is installed shall be determined. The effective clear shoulder width is defined as the distance between the outside edge of the proposed rumble strip and the front face of the guardrail, barrier, or other obstruction.

The effective clear shoulder width is important for the following reasons:

- (a) Constructibility - To allow for installation equipment, i.e. grinding, a minimum effective clear shoulder width of two (2) feet is needed from the outside edge of the rumble strip groove to the front face of the barrier or guardrail. If the barrier is on a higher-degree horizontal curve, additional width may be needed. This constructibility issue applies to all shoulders and all types of highways.
- (b) Bicycle Traffic - A minimum effective clear shoulder width of four (4) feet should be provided from the outside edge of the rumble strip pattern to the edge of pavement or front face of the barrier or guardrail. If this clear area can not be maintained, then a change of configuration and/or deletion of the rumble strip should be considered.

If these minimum clear shoulder width dimension criteria can not be maintained, then there are four possible solutions that may be considered. These possible solutions should be considered in the order that they are presented here.

1. Use a narrower strip width (6 inch) installed under the edge line (see Standard Drawing M-22).
2. Re-evaluate lane widths; if the lanes are wider than 12 feet it may be permissible to reduce their width.
3. If on a roadway not subject to routine snow plow activity, consider using an alternative rumble strip treatment such as profile pavement markings and/or raised pavement markers. Note that neither a ground-in rumble strip nor a raised pavement marker pattern should be considered as "bicycle-friendly", as these have negative impacts on bicyclists by causing significant vertical oscillations that can be very uncomfortable or potentially affect stability.
4. Omit the use of the longitudinal rumble strip.

Rumble strip on the right shoulder should use a pattern incorporating periodic gaps as shown on Standard Drawing M-22.

At the discretion of the Engineer, the shoulder rumble strip may be omitted on the approach to an intersection.

If a pavement surface discontinuity (such as the outside edge of a surface course) exists at the typical lateral location of the rumble strip, the rumble strip may be offset to avoid the discontinuity. The rumble strip may be shifted outward (away from the travel lanes) if a minimum of four (4) feet of clear paved shoulder remains after the shift.

The use of longitudinal shoulder rumble strips on roadways with shoulders less than five (5) feet shall require a written traffic evaluation approved by the Manager of the Traffic Safety Section. At a minimum, the traffic evaluation should analyze run-off-road crashes in the specific areas where shoulder widths are less than five (5) feet, the effectiveness of shoulder rumble strips or other proposed treatments to mitigate these crashes, and the specific predicted impacts on bicycle travel due to the installation of shoulder rumble strips. The checklist in Exhibit 480-A can be used to collect information relevant for an evaluation; however, the checklist itself is not a substitute for an evaluation.

480.3 CENTERLINE RUMBLE STRIPS

Centerline rumble strips (CLRS) should be installed on undivided roadways in rural areas in both passing and no-passing zone areas. The allowable CLRS pattern, width and spacing is detailed on Standard Drawing M-22. The CLRS should be centered on the roadway centerline marking pattern as depicted in Standard Drawing M-22.

CLRS should be discontinued a minimum of 25 feet in advance of roadway intersections. In locations with left turn lanes, CLRS should be discontinued in advance of the left turn lane opening.

CLRS should not be installed under the following conditions unless approved by the State Traffic Engineer and supported with a written traffic evaluation:

- On roadways with travel lanes less than eleven (11) feet in width.
- On roadways with non-raised or marked medians.
- Bordering two-way left turn lanes, driveways or other high volume turning areas (approximately 500 or more vehicles per day).
- On urban roadways.
- On roadways with a posted speed limit of 40 mph or less.
- Where there is a likelihood of significant noise generation from vehicle travel over centerline rumble strips, such as passing or turning maneuvers in the vicinity of occupied residences.
- Where it is determined that centerline rumble strips are likely to have a detrimental effect on snow plow operations.

If the pavement is a condition such that the ground-in rumble strips cannot be installed, and it is determined that some type of additional treatment is appropriate, alternative techniques such as a pattern of raised pavement markers or profile pavement markings may be installed.

Exhibit 480-A. Shoulder Rumble Strip Evaluation Checklist

Project Name: _____

Project Number: _____

Route: _____

Milepost Limits: _____ to _____

Project Scope: _____

1. Has this highway segment been identified by the State Bicycle Coordinator or District as:
 - a. being used by bicyclists, or
 - b. does it comprise the only practical route between two destinations, or
 - c. has it been identified as part of a current or prospective bicycle route such as a US Bicycle Route, state or local bike route, or route mapped by a national bicycling organization?

2. Are there inhabited residential structures within 2000 feet of the highway? If so, list by location (station or MP) and direction.

3. Are there shoulders with clear widths of less than 5 feet from edge line to edge of pavement or face of barrier or other obstruction? If so, list by limits (station or MP) and direction.

4. Has a run-off-road crash analysis been performed for the specific locations listed in #2? Yes No
5. Do the run-off-road crashes in the specific locations listed in #2 involve behavioral factors (DUI, speed) or inattention? Yes No
6. If the run-off-road crashes involve inattention, are they susceptible to mitigation by shoulder rumble strips? Yes No
7. Does the highway see winter snowfall, icing, or plow activity? Yes No

Note: This checklist is intended to be used to collect information relevant for an evaluation; however, this checklist is not a substitute for a required written traffic evaluation.